

Penticton Pickleball Club

Illness Policy – April 2021

In this policy, participant includes all club members, players and spectators who attend the outdoor facility.

1. **Inform an individual in a position of authority (Director of PPC) immediately if, you have attended the facility in the last 72 hours and feel any symptoms of COVID-19**, such as fever, chills, cough, shortness of breath, sore throat and painful swallowing, stuffy or runny nose, loss of sense of smell, headache, muscle aches, fatigue, loss of appetite, nausea or diarrhea.

See BCCDC website for a full list of symptoms: <http://www.bccdc.ca/health-info/diseases-conditions/covid-19/about-covid-19/symptoms>

2. **Assessment**

- a. Participants must self-assess prior to attending the Pickleball courts. Filling your name on the attendance sheet confirms that you are not feeling any of the COVID-19 symptoms.
- b. If participants are unsure they must use the BC COVID-19 self-assessment tool <https://bc.thrive.health/covid19/en>
- c. Court hosts may visually monitor participants to assess any early warning signs as to the status of their health and to touch base on how they are regarding their personal safety throughout their session.

3. **If a Participant is feeling sick with COVID-19 symptoms**

- a. They should remain at home and contact Health Link BC at 8-1-1.
- b. If they feel sick and/or are showing symptoms while attending the Pickleball courts, they should be sent home immediately and contact 8-1-1 for further guidance.
- c. No participant may play, or attend the facility, if they are symptomatic.

4. **If a Participant tests positive for COVID-19**

- a. Follow the direction of health officials.

5. **Quarantine or Self-Isolate if:**

- a. You have travelled outside of Canada within the last 14 days.
- b. You have come into close contact with someone who has tested positive for COVID-19.
- c. You have been advised to do so by health officials.